

# ATTENTION SNORERS!!

**Have you already purchased or received a treatment for your snoring over-the-counter, by phone or off the Internet?**

**If so, be aware!**

Mass-produced anti-snoring mouth guards, sprays, herbal capsules, pillows, head/jaw bands or nasal sprays may put you at great medical and dental risk.

These products are only designed to treat basic snoring. Snoring is one of several signs of a life-threatening medical disorder known as obstructive sleep apnea (OSA) that often goes undetected. OSA occurs when your airway becomes completely blocked while sleeping, causing breathing to stop. If undiagnosed, OSA may lead to hypertension, stroke or heart attack.

Anti-snoring mouth guards may cause serious dental problems, including loosening or loss of teeth or restricted jaw movement. These products are NOT medically approved to treat snoring and sleep apnea. Some claim to be made from FDA-approved materials; however, the mouth guard itself is not medically approved.

Over-the-counter solutions are generally available at nutrition/wellness centres, grocery stores or mall kiosks. Or they can be ordered over the phone or on the Internet. No prescription is required. To purchase, you do not have to consult a medical or dental practitioner before use. This means your potential health issues could be overlooked, with serious consequences.

If you have already purchased or received any type of over-the-counter solution for your snoring and are unsatisfied with the product or its results, we can help! Simply book an appointment and bring in what you purchased or received and we will credit you \$100 towards our premium, custom-made, medically-approved dental appliance for snoring and obstructive sleep apnea. If you've been diagnosed with sleep apnea, please know that your appliance may be covered by your extended health insurance provider.

***No referral is required to book an appointment.***

**To learn more about getting a great night's sleep or to book an appointment, please call us today!**

**Strong Denture & Snoring  
Sleep Apnea Dental Treatment Clinic**



33 Princess St. Suite 403,  
Leamington

Phone: 1-519-322-1377  
Toll Free: 1-877-891-8634

*A trusted reputation dedicated to giving back your smile or quieting your night.*